

Effective Techniques for Using EMDR with Children

A one day workshop on how to use EMDR in your work with children

Offered by:

**Jan Yordy, M.Ed., M.S.W.,
Certified EMDR Therapist & Play Psychotherapist**

Saturday, June 7, th, 2008, 826 King Street N, Waterloo, Ontario. 9:00 am – 4:30 pm

What the course will cover:

- ⇒ How children are affected by trauma
- ⇒ Preparing children for successful EMDR
- ⇒ Adapting the basic EMDR protocol for kids
- ⇒ Selecting appropriate EMDR targets
- ⇒ What to do when the therapy is stuck
- ⇒ Positive Resource Building with Children

In the afternoon we will explore some creative techniques for using EMDR with kids

- Externalizing the Problem
- Using therapeutic stories to clear trauma
- Group work using EMDR
- The Energy Connection Game plus other resources to facilitate EMDR processing

To learn more about Jan Yordy and her unique resources for using with children visit, www.energyconnectiontherapies.com.

A brief introduction to Jan Yordy:

Jan Yordy is an educator and a child therapist who has been working with children and families for over 25 years. Working first as a teacher and later as a child therapist she holds a Masters of Education degree, a Masters of Social Work and her Play Therapy Certification. Jan has completed Level 1 and Level 2 in EMDR and is a certified EMDR therapist with 10 years experience. Several years ago Jan along with 2 partners opened the Integrated Centre for Optimal Learning where they help children who learn differently. Developing innovative EMDR & Energy based therapeutic resources for children is another way Jan uses her talents. She is a popular workshop presenter and conducts workshops locally as well as internationally sharing her innovative tools and insights about working with children.

Level One EMDR training is a pre-requisite

----- 6 Hours of CEU Credits applied for -----

Registration Form for EMDR & Children

Name: _____ Location for course _____

Address: _____ Postal Code _____

Phone: _____ Fax: _____ E-mail: _____

Level 1 training: _____ Trainer: _____

Fee: \$120.00 plus 5% GST
Save \$10 if registered by May 20th
Mailing address:
Jan Yordy Counselling & Consulting
P O Box 35, St. Jacobs, Ontario
N0B 2N0

Make check payable to: Jan Yordy Counselling

Phone: (519) 664-3568
Fax: (519) 664-1390
E-mail: yordy@energyconnectiontherapies.com

Snacks provided. Bring your own lunch or purchase nearby.